



# 13. Lebensfitness-Vierlanden-Triathlon

28. Juni 2008



## Ergebnis M

Jedermann  
( 0,5 / 22 / 5)

Jedermann  
TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	245	01:02:30	Wessel	Philipp	1972		GER-HAM	00:05:24	2	00:37:40	5	00:43:05	2	00:19:24	7	01:02:30	1
2	228	01:02:42	Weßling	Bengt	1978		GER-HAM	00:06:53	17	00:37:03	2	00:43:57	4	00:18:45	2	01:02:42	2
3	373	01:03:36	Klewer	Michael	1977	Tri-Fun Güstrow	GER-SH	00:06:39	9	00:37:36	3	00:44:15	5	00:19:21	6	01:03:36	3
4	307	01:04:02	Dohse	Michael	1978	Triabolos Triathlon Hamburg e.V.	GER-HAM	00:06:50	14	00:36:13	1	00:43:03	1	00:20:59	18	01:04:02	4
5	254	01:04:43	Walther	Hendrik	1981	Team Erdinger	GER-HAM	00:06:30	8	00:38:28	7	00:44:59	7	00:19:44	8	01:04:43	5
6	273	01:04:48	Kuhl	Christian	1969	Elixia Hamburg	GER-HAM	00:07:13	26	00:38:45	11	00:45:59	11	00:18:49	3	01:04:48	6
7	740	01:04:53	Werner	Frederic	1980	SV Polizei Hamburg	GER-HAM	00:06:51	15	00:39:42	19	00:46:33	14	00:18:19	1	01:04:53	7
8	313	01:05:15	Schaar	Björn	1971	Baltische Seglervereinigung-Hamburg	GER-HAM	00:06:04	6	00:38:28	8	00:44:33	6	00:20:42	14	01:05:15	8
9	702	01:05:24	Petzel	Dirk	1965	Vfl Börnsen	GER-SH	00:06:48	13	00:38:38	10	00:45:27	9	00:19:57	9	01:05:24	9
10	280	01:06:01	Kruse	Stefan	1975		GER-HAM	00:07:30	33	00:39:12	16	00:46:42	16	00:19:18	5	01:06:01	10
11	431	01:06:14	Nagel	Konstantin	1984	HT16 Triathlon-Team	GER-HAM	00:07:41	38	00:37:38	4	00:45:19	8	00:20:54	15	01:06:14	11
12	381	01:06:42	Putzke	Matthias	1966	BSG Signal Iduna	GER-HAM	00:06:44	12	00:39:59	22	00:46:44	17	00:19:57	10	01:06:42	12
13	305	01:06:58	Schenk	Lutz	1978	werk3 Triathlon Hamburg	GER-HAM	00:07:13	25	00:39:29	18	00:46:42	15	00:20:15	12	01:06:58	13
14	391	01:07:24	Kleist	Torsten	1979		GER-HAM	00:07:54	47	00:39:06	14	00:47:00	19	00:20:23	13	01:07:24	14

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
15	350	01:08:09	Guderjahn	Ole	1977	Tri Michels Hamburg	GER-HAM	00:06:42	10	00:40:31	24	00:47:13	22	00:20:55	16	01:08:09	15
16	210	01:08:22	Gayer	Nils	1985		GER-SH	00:07:40	37	00:41:50	40	00:49:30	39	00:18:51	4	01:08:22	16
17	275	01:08:28	Krohn	Andreas	1977	Lebensfitness e.V.	GER-NIE	00:05:46	3	00:38:10	6	00:43:57	3	00:24:31	96	01:08:28	17
18	222	01:08:51	Albrecht	Niklas	1990		GER-SH	00:05:54	4	00:39:47	20	00:45:41	10	00:23:09	71	01:08:51	18
19	439	01:08:52	De Lannoy	Marcel	1990	Ruder Gruppe Geesthacht	GER-SH	00:08:03	52	00:40:48	28	00:48:51	30	00:20:00	11	01:08:52	19
20	327	01:08:54	Kruse	Matthias	1978		GER-HAM	00:07:48	40	00:39:22	17	00:47:11	21	00:21:43	29	01:08:54	20
21	398	01:08:55	Schneider	Peter	1978		GER-HAM	00:08:35	86	00:38:29	9	00:47:05	20	00:21:49	32	01:08:55	21
22	356	01:09:16	Drees	Jürgen	1966	Tri Team Dissen	GER-HAM	00:08:57	105	00:39:08	15	00:48:05	26	00:21:10	21	01:09:16	22
23	296	01:09:24	Burmester	Stefan	1969		GER-NIE	00:07:53	43	00:38:59	12	00:46:53	18	00:22:30	47	01:09:24	23
24	285	01:09:47	Harms	Sebastian	1983		GER-HAM	00:05:56	5	00:40:18	23	00:46:14	13	00:23:32	79	01:09:47	24
25	236	01:09:54	Jacob	Peter	1980	Team Triathlon Hamburger Hochschulen	GER-HAM	00:05:22	1	00:40:46	27	00:46:08	12	00:23:46	83	01:09:54	25
26	412	01:09:55	Berka	Thomas	1962	BSG Siemens	GER-HAM	00:07:52	42	00:39:51	21	00:47:44	25	00:22:11	39	01:09:55	26
27	293	01:10:33	Wolthausen	Thorsten	1971	TSH Team Bergamont	GER-HAM	00:08:05	54	00:41:08	31	00:49:13	36	00:21:19	24	01:10:33	27
28	440	01:10:57	Larak	Malik	1960	Lebensfitness e.V.	GER-NIE	00:07:00	19	00:41:58	42	00:48:58	31	00:21:58	33	01:10:57	28
29	453	01:10:58	Strehle	Kai-Erik	1976		GER-HAM	00:06:42	11	00:41:24	36	00:48:07	27	00:22:50	56	01:10:58	29
30	422	01:11:05	Henjes	Carsten	1963	Laufwerk Hamburg e.V. Hamburg e.V.	GER-HAM	00:08:30	83	00:41:38	39	00:50:09	44	00:20:56	17	01:11:05	30
31	248	01:11:39	Deppe	Volker	1960	AMTV Triathlon Hamburg	GER-HAM	00:07:12	24	00:41:30	38	00:48:43	29	00:22:56	61	01:11:39	31
32	348	01:11:50	Meyer	Jörg	1974	SG Wasserratten Norderstedt	GER-SH	00:08:03	53	00:41:23	35	00:49:27	38	00:22:23	44	01:11:50	32
33	349	01:11:51	Schrumpf	Karsten	1962	TSG Bergedorf	GER-HAM					00:49:09	34	00:22:41	52	01:11:51	33
34	330	01:11:54	Wenrich	Alexander	1966	BSG Volksfürsorge	GER-HAM	00:06:57	18	00:42:56	57	00:49:53	41	00:22:00	34	01:11:54	34
35	251	01:11:54	Foks	Benjamin	1982	INJOY-Wentorf	GER-HAM	00:08:05	55	00:41:16	33	00:49:22	37	00:22:31	49	01:11:54	35
36	335	01:12:03	Murrins	Michael	1982		GER-SH	00:07:26	31	00:42:50	55	00:50:17	46	00:21:46	31	01:12:03	36
37	435	01:12:08	Hubert	Jelko	1986	TSR Olympia Wilhelmshaven	GER-NIE	00:06:27	7	00:41:14	32	00:47:41	24	00:24:26	94	01:12:08	37

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
38	238	01:12:14	Brümmer	Jens	1974		GER-SH	00:07:01	20	00:42:07	43	00:49:08	33	00:23:06	67	01:12:14	38
39	380	01:12:23	Siemers	Andre	1983		GER-HAM	00:08:59	109	00:42:11	44	00:51:11	54	00:21:11	22	01:12:23	39
40	217	01:12:23	Pahl	Dr. Armin	1962		GER-SH	00:07:55	49	00:41:07	30	00:49:03	32	00:23:20	75	01:12:23	40
41	240	01:12:26	Scholz	Stephan	1977		GER-HAM	00:08:41	95	00:42:41	50	00:51:23	55	00:21:03	19	01:12:26	41
42	220	01:12:31	Alberts	Hendrik	1978	Lebensfitness e.V.	GER-HAM	00:07:54	45	00:42:20	46	00:50:14	45	00:22:16	41	01:12:31	42
43	429	01:12:32	Gaab	Oliver	1977	Velocifer	GER-HAM	00:08:32	84	00:39:05	13	00:47:37	23	00:24:54	103	01:12:32	43
44	441	01:12:52	Thelen	Frank	1967	BSG DAK	GER-HAM	00:07:27	32	00:42:35	49	00:50:03	43	00:22:49	54	01:12:52	44
45	224	01:12:57	Plümer	Ralf	1971	BSG-Hanseatische Krankenkasse	GER-NIE	00:09:43	137	00:40:44	26	00:50:28	47	00:22:28	46	01:12:57	45
46	211	01:13:08	Lobsien	Marcel	1976	Lauftreff Harsefeld	GER-NIE	00:08:38	89	00:41:21	34	00:50:00	42	00:23:07	68	01:13:08	46
47	393	01:13:17	Kerres	Bertram	1959	BSG Shell	GER-HAM	00:08:54	103	00:42:48	53	00:51:42	57	00:21:34	26	01:13:17	47
48	249	01:13:32	Bruszauskas	Ralf	1980		GER-HAM	00:08:14	70	00:44:04	67	00:52:19	64	00:21:13	23	01:13:32	48
49	225	01:13:34	Lehmann	Heiko	1968	Triabolos	GER-SH	00:07:07	22	00:41:26	37	00:48:34	28	00:25:00	106	01:13:34	49
50	269	01:13:42	Lohmann	Rolf Michael	1960	SG Stern	GER-HAM	00:07:52	41	00:44:28	76	00:52:21	65	00:21:20	25	01:13:42	50
51	371	01:13:44	Albrecht	René	1970		GER-SH	00:08:15	73	00:42:33	48	00:50:48	51	00:22:55	59	01:13:44	51
52	272	01:13:53	Westphal	Wolfhard	1960		GER-HAM	00:08:45	98	00:44:01	66	00:52:46	72	00:21:06	20	01:13:53	52
53	214	01:14:03	Striecker	Volker	1960		GER-HAM	00:08:58	108	00:42:47	51	00:51:45	58	00:22:17	42	01:14:03	53
54	347	01:14:16	Brozynski	Torsten	1973		GER-HAM	00:08:11	65	00:42:49	54	00:51:00	53	00:23:15	73	01:14:16	54
55	383	01:14:39	Bley	Oliver	1967	Laufen-aktuell.de	GER-HAM	00:07:14	27	00:44:43	80	00:51:57	61	00:22:41	53	01:14:39	55
56	299	01:14:44	Hoffmann	Dirk	1975	SG Wasserratten Norderstedt	GER-SH	00:07:11	23	00:43:40	60	00:50:52	52	00:23:52	88	01:14:44	56
57	456	01:14:47	Kain	Manuel	1971		GER-HAM	00:08:08	60	00:44:53	84	00:53:02	74	00:21:45	30	01:14:47	57
58	244	01:15:06	Hass	Jochen	1966	SG Stern	GER-HAM	00:08:53	102	00:43:15	59	00:52:09	63	00:22:56	62	01:15:06	58
59	417	01:15:22	Levetzow	Thore	1971	Team Sweatballs Hamburg	GER-HAM	00:08:37	88	00:40:33	25	00:49:11	35	00:26:10	127	01:15:22	59
60	322	01:15:35	Otto	Frank	1972		GER-HAM	00:08:09	62	00:44:18	72	00:52:27	68	00:23:07	69	01:15:35	60

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
61	430	01:15:42	Schlegel	Sebastian	1979		GER-HAM	00:07:25	29	00:46:36	106	00:54:02	86	00:21:40	27	01:15:42	61
62	343	01:15:50	Klein	Mario	1979	RVB-Hamburg e.V.	GER-HAM	00:07:55	48	00:41:55	41	00:49:51	40	00:25:59	122	01:15:50	62
63	233	01:15:55	Greve	Thomas	1972		GER-HAM	00:08:35	85	00:43:12	58	00:51:47	59	00:24:08	91	01:15:55	63
64	325	01:15:57	Simon	Volker	1978		GER-HAM	00:08:06	56	00:44:18	73	00:52:25	66	00:23:32	78	01:15:57	64
65	397	01:16:07	Becker	Torsten	1965	Rhtc	GER-HAM	00:08:25	80	00:44:48	83	00:53:14	77	00:22:53	58	01:16:07	65
66	425	01:16:10	Hauschildt	Ralf	1970		GER-HAM	00:08:41	93	00:44:28	75	00:53:10	75	00:23:00	64	01:16:10	66
67	382	01:16:12	Roiss	Mika	1979		GER-HAM	00:07:56	50	00:44:47	82	00:52:44	70	00:23:28	77	01:16:12	67
68	442	01:16:14	Welle	Norbert	1959		GER-HAM	00:08:39	90	00:43:47	63	00:52:27	67	00:23:47	84	01:16:14	68
69	445	01:16:15	Kamrad	Hubert	1955	SG Stern	GER-NIE	00:08:58	107	00:44:17	71	00:53:16	78	00:22:59	63	01:16:15	69
70	446	01:16:18	Hoppe	Timo	1977	SG Gruner + Jahr e.V.	GER-HAM	00:09:41	133	00:44:07	68	00:53:48	81	00:22:30	48	01:16:18	70
71	208	01:16:20	Jerol	Peter	1958	Lebensfitness e.V.	GER-HAM	00:09:02	113	00:42:47	52	00:51:49	60	00:24:31	95	01:16:20	71
72	451	01:16:24	Prelle	Gerrit	1975		GER-HAM	00:08:14	71	00:45:43	94	00:53:57	85	00:22:26	45	01:16:24	72
73	416	01:16:30	Allonge	Andreas	1968		GER-HAM	00:08:28	81	00:42:14	45	00:50:42	49	00:25:47	120	01:16:30	73
74	277	01:16:34	Sens	Steffen	1970		GER-HAM	00:08:15	72	00:46:14	100	00:54:29	96	00:22:04	37	01:16:34	74
75	410	01:16:58	Hammer	Michael	1974		GER-HAM	00:10:33	165	00:43:52	64	00:54:26	94	00:22:32	50	01:16:58	75
76	377	01:17:05	Keil	Thomas	1963		GER-NIE	00:09:51	142	00:43:58	65	00:53:50	82	00:23:14	72	01:17:05	76
77	288	01:17:05	Schoppe	Manfred	1947		GER-HAM	00:08:16	76	00:45:39	93	00:53:56	84	00:23:09	70	01:17:05	77
78	226	01:17:21	Behrendt	Ronald Joachim	1972	Der Hamburger und Germania Ruder Club	GER-HAM	00:06:53	16	00:45:35	92	00:52:28	69	00:24:53	101	01:17:21	78
79	315	01:17:26	Schaller	Christian	1962		GER-HAM	00:08:07	59	00:42:22	47	00:50:30	48	00:26:56	139	01:17:26	79
80	274	01:17:35	Bemmann	Andreas	1965	BSG Hamburg Wasser	GER-HAM	00:09:44	138	00:40:59	29	00:50:44	50	00:26:51	136	01:17:35	80
81	318	01:17:39	Brocks	Fabian	1978		GER-HAM	00:08:50	101	00:45:31	90	00:54:21	90	00:23:18	74	01:17:39	81
82	452	01:17:47	Schetzsch	Arwed	1973	TS Harburg	GER-HAM	00:08:15	74	00:46:35	105	00:54:51	102	00:22:56	60	01:17:47	82
83	253	01:17:47	Fründt	Thorsten	1968	Elmshorner MTV	GER-SH	00:09:05	116	00:42:54	56	00:51:59	62	00:25:47	119	01:17:47	83

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84	454	01:17:47	Haug	Maximilian	1990		GER-HAM	00:10:59	169	00:44:14	70	00:55:14	107	00:22:32	51	01:17:47	84
85	268	01:17:48	Grossmann	Veit	1971	FitCom	GER-HAM	00:07:31	34	00:44:08	69	00:51:39	56	00:26:08	125	01:17:48	85
86	291	01:17:54	Dalecki	Thomas	1975		GER-HAM	00:08:07	58	00:44:38	79	00:52:45	71	00:25:09	109	01:17:54	86
87	423	01:17:58	Markus	Axel	1963		GER-HAM	00:07:31	35	00:45:28	89	00:53:00	73	00:24:57	104	01:17:58	87
88	339	01:18:08	Ristig	Florian	1973		GER-HAM	00:07:54	46	00:46:30	103	00:54:25	93	00:23:43	81	01:18:08	88
89	357	01:18:20	Nienhoff	Jan Heinrich	1987	Geesthacht Harlekins	GER-SH	00:09:02	114	00:47:37	116	00:56:40	115	00:21:40	28	01:18:20	89
90	202	01:18:25	Krause	Frank	1968		GER-SH	00:07:56	51	00:46:43	107	00:54:40	99	00:23:44	82	01:18:25	90
91	354	01:18:49	Riedel	Patrick	1964	BSG Hamburg Wasser	GER-SH	00:08:21	77	00:46:05	99	00:54:27	95	00:24:22	93	01:18:49	91
92	212	01:18:53	Plöttner	Frank	1961		GER-MVP	00:09:26	123	00:44:27	74	00:53:53	83	00:24:59	105	01:18:53	92
93	385	01:18:55	Riehl	Christian	1970	TSV Bargteheide -Tri	GER-SH	00:08:47	100	00:44:30	78	00:53:17	79	00:25:37	116	01:18:55	93
94	267	01:18:57	Reich	Matthias	1961		GER-HAM	00:09:46	139	00:45:14	87	00:55:00	104	00:23:57	90	01:18:57	94
95	250	01:19:00	Hof	Frederik-Jan	1979		GER-HAM	00:11:05	172	00:43:42	61	00:54:48	101	00:24:12	92	01:19:00	95
96	367	01:19:11	Bohlen	Arndt	1978		GER-HAM	00:08:09	61	00:45:56	98	00:54:05	88	00:25:06	107	01:19:11	96
97	362	01:19:12	Dobbertin	Thorsten	1961		GER-HAM	00:08:10	64	00:45:54	96	00:54:04	87	00:25:07	108	01:19:12	97
98	449	01:19:21	Jany	Kay	1971		GER-HAM	00:08:41	94	00:48:34	129	00:57:16	122	00:22:04	35	01:19:21	98
99	374	01:19:26	Triep	Matthias	1961		GER-HAM	00:09:27	125	00:43:43	62	00:53:11	76	00:26:14	130	01:19:26	99
100	437	01:19:49	Kiel	Bernd	1951		GER-HAM	00:08:13	67	00:48:13	123	00:56:26	111	00:23:22	76	01:19:49	100
101	218	01:19:50	Deuter	Frank	1972		GER-SH	00:08:29	82	00:45:54	97	00:54:24	92	00:25:26	113	01:19:50	101
102	434	01:20:07	Träger	Jens	1969	E.on - Hanse	GER-HAM	00:10:08	150	00:47:50	120	00:57:58	130	00:22:09	38	01:20:07	102
103	311	01:20:11	Michaelsen	Niels	1970		GER-SH	00:10:24	158	00:47:24	113	00:57:48	128	00:22:22	43	01:20:11	103
104	402	01:20:23	Pfaffe	Sebastian	1986	Tri Michels Hamburg	GER-HAM	00:08:40	91	00:48:06	122	00:56:46	116	00:23:36	80	01:20:23	104
105	346	01:20:37	Bühner	Thorsten	1961	Polizei Hamburg	GER-HAM	00:09:54	146							01:20:37	105
106	368	01:20:55	Herzog	Christian	1987	MTV Horst	GER-SH	00:08:16	75	00:46:31	104	00:54:47	100	00:26:07	124	01:20:55	106
107	388	01:21:01	Dähncke	Lüder	1969		GER-HAM	00:09:41	134	00:47:32	114	00:57:13	121	00:23:48	85	01:21:01	107

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( 0,5 / 22 / 5)

## Jedermann TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
108	414	01:21:10	Riemer	Christian	1976		GER-HAM	00:09:33	128	00:45:26	88	00:54:59	103	00:26:10	126	01:21:10	108
109	448	01:21:20	Dangers	Andre	1970		GER-NIE	00:09:53	145	00:44:29	77	00:54:23	91	00:26:57	140	01:21:20	109
110	464	01:21:23	Glatthaar	Peter	1957		GER-NIE	00:07:23	28	00:47:45	118	00:55:08	106	00:26:14	129	01:21:23	110
111	278	01:21:43	Rudnicki	Michael	1985	ASB Wasserrettung	GER-HAM	00:09:20	121	00:48:27	126	00:57:47	127	00:23:55	89	01:21:43	111
112	455	01:22:03	Hutwalker	Stefan	1968		GER-SH	00:10:56	168	00:45:32	91	00:56:29	112	00:25:33	115	01:22:03	112
113	205	01:22:21	Harder	Kay	1968	Harder-Zur-Elbbrücke	GER-HAM	00:09:43	136	00:47:53	121	00:57:36	124	00:24:45	99	01:22:21	113
114	237	01:22:22	Pospiech	Rico	1971	Kaifu Tri Team	GER-HAM	00:07:36	36	00:46:55	110	00:54:31	97	00:27:51	156	01:22:22	114
115	266	01:22:27	Beeg	Tjorven	1990	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeau	GER-SH	00:10:20	155	00:45:44	95	00:56:05	110	00:26:21	132	01:22:27	115
116	221	01:22:36	Albrecht	Dr. Norbert	1958		GER-SH	00:08:40	92	00:44:43	81	00:53:24	80	00:29:12	168	01:22:36	116
117	223	01:22:41	Nolting	Oliver	1968		GER-SH	00:09:09	118	00:46:48	108	00:55:58	108	00:26:43	135	01:22:41	117
118	363	01:22:42	Linke	Michael	1958	TSV Wandsetal	GER-HAM	00:09:22	122	00:48:44	133	00:58:07	132	00:24:35	97	01:22:42	118
119	328	01:22:48	Petersen	Olaf	1971		GER-HAM	00:09:17	120	00:49:42	142	00:58:59	140	00:23:48	86	01:22:48	119
120	294	01:22:50	Schnelle	Frank	1965	Endspurt Hamburg	GER-HAM	00:10:29	163	00:49:17	136	00:59:46	146	00:23:03	66	01:22:50	120
121	260	01:22:55	Flick	Moritz	1989	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeau	GER-SH	00:10:25	160	00:50:14	147	01:00:39	153	00:22:15	40	01:22:55	121
122	229	01:23:00	Braun	Friedrich	1946	Lebensfitness e.V.	GER-HAM	00:09:01	112	00:48:38	131	00:57:40	126	00:25:20	111	01:23:00	122
123	300	01:23:13	Dahlström	Jörn	1961	TSV Uetersen	GER-SH	00:07:26	30	00:47:12	111	00:54:38	98	00:28:34	162	01:23:13	123
124	323	01:23:21	Voigt	Christian	1962		GER-HAM	00:10:11	152	00:51:05	157	01:01:16	159	00:22:04	36	01:23:21	124
125	301	01:23:28	Ziesemer	Andreas	1966	Triabolas Hamburg	GER-NIE	00:10:08	151	00:47:40	117	00:57:48	129	00:25:39	117	01:23:28	125
126	408	01:23:34	Radtke	Udo	1961	Sportspaß Hamburg	GER-HAM	00:10:24	159	00:48:14	124	00:58:39	136	00:24:54	102	01:23:34	126
127	401	01:23:39	Krieger	Jörg	1961		GER-HAM	00:08:14	69	00:47:49	119	00:56:04	109	00:27:35	150	01:23:39	127
128	404	01:23:42	Löhnert	Thomas	1972		GER-HAM	00:09:01	111	00:49:58	143	00:59:00	141	00:24:42	98	01:23:42	128
129	420	01:24:00	Schimming	Peter	1956	RV Endspurt Hamburg	GER-HAM	00:09:39	132	00:47:16	112	00:56:55	119	00:27:04	143	01:24:00	129

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
130	256	01:24:03	Ewert	Christian	1990	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeu	GER-SH	00:09:50	141	00:51:10	159	01:01:00	156	00:23:02	65	01:24:03	130
131	341	01:24:33	Klose	Andreas	1967		GER-HAM	00:09:00	110	00:49:16	135	00:58:17	133	00:26:16	131	01:24:33	131
132	309	01:24:37	Hanzlik	Niels	1976	FF Schwarzenbek	GER-SH	00:07:44	39	00:49:04	134	00:56:49	117	00:27:47	154	01:24:37	132
133	276	01:24:52	Miro	Joachim	1983	Feuerwehr Aumühle	GER-SH	00:09:10	119	00:48:22	125	00:57:32	123	00:27:20	146	01:24:52	133
134	366	01:24:55	Schleif	Stefan	1965		GER-HAM	00:10:27	162	00:48:31	128	00:58:59	139	00:25:56	121	01:24:55	134
135	271	01:24:58	Poehlmann	Axel	1949		GER-HAM	00:09:52	144	00:50:20	148	01:00:13	149	00:24:45	100	01:24:58	135
136	263	01:25:01	Kunz	Dennis	1989	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeu	GER-SH	00:10:26	161							01:25:01	136
137	444	01:25:06	Thieme	Ulrich	1963		GER-HAM	00:10:02	149	00:52:13	162	01:02:15	163	00:22:51	57	01:25:06	137
138	427	01:25:07	Noelle	Dirk	1975		GER-NIE	00:08:07	57	00:48:30	127	00:56:38	113	00:28:29	161	01:25:07	138
139	203	01:25:10	Meyer	Bastian	1976		GER-HAM	00:08:46	99	00:50:51	156	00:59:37	144	00:25:32	114	01:25:10	139
140	282	01:25:13	Hellmann	Rüdiger	1969		GER-SH	00:11:22	177	00:46:16	101	00:57:39	125	00:27:33	149	01:25:13	140
141	284	01:25:18	Grotkopp	Arne	1974	Feuerwehr Aumühle	GER-SH	00:07:54	44	00:49:17	137	00:57:11	120	00:28:06	158	01:25:18	141
142	234	01:25:22	Nagel	Joerg	1957	Harbuger Sport Club	GER-HAM	00:11:18	175	00:47:36	115	00:58:54	138	00:26:27	134	01:25:22	142
143	436	01:25:23	Ridl	Robert	1967		GER-HAM	00:09:27	124	00:50:44	154	01:00:11	148	00:25:11	110	01:25:23	143
144	317	01:25:25	Fiedler	Maximilian	1987	ASB Wasserretung	GER-HAM	00:08:36	87	00:50:38	152	00:59:14	143	00:26:11	128	01:25:25	144
145	306	01:25:27	Becker	Christian	1967		GER-HAM	00:08:12	66	00:46:50	109	00:55:02	105	00:30:24	174	01:25:27	145
146	246	01:25:36	Sannmann	Nils	1990		GER-HAM	00:08:13	68	00:48:36	130	00:56:49	118	00:28:46	164	01:25:36	146
147	286	01:25:45	Wildner	Thomas	1961		GER-HAM	00:08:22	78	00:49:42	141	00:58:04	131	00:27:41	151	01:25:45	147
148	411	01:26:23	Doritz	Daniel	1968		GER-HAM	00:09:03	115	00:53:27	170	01:02:31	164	00:23:51	87	01:26:23	148
149	365	01:26:26	Dudzik	Sven	1966		GER-SH	00:09:34	129	00:49:38	140	00:59:13	142	00:27:13	144	01:26:26	149
150	361	01:26:41	Volz	Hartmut	1956	ADAC	GER-HAM	00:12:02	184	00:46:28	102	00:58:30	135	00:28:10	159	01:26:41	150
151	432	01:26:45	Arendt	Oliver	1971		GER-HAM	00:08:58	106	00:49:27	139	00:58:25	134	00:28:19	160	01:26:45	151
152	392	01:26:57	Bruns	Marc	1972		GER-NIE	00:08:55	104	00:52:16	164	01:01:12	158	00:25:45	118	01:26:57	152

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
153	314	01:27:24	Saltik	Altay	1971		GER-HAM	00:09:48	140	00:50:10	145	00:59:58	147	00:27:26	147	01:27:24	153
154	261	01:27:44	Gerke	Lenard	1990	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeu	GER-SH	00:10:12	153	00:54:41	175	01:04:54	175	00:22:50	55	01:27:44	154
155	463	01:28:14	Woldeab	Muse	1972		GER-HAM	00:10:00	147	00:52:47	167	01:02:48	166	00:25:26	112	01:28:14	155
156	227	01:28:15	Meinecke	Jan	1959	Triabolas Hamburg e.V.	GER-HAM	00:09:29	126	00:50:49	155	01:00:18	150	00:27:56	157	01:28:15	156
157	243	01:28:28	Schuster	Andreas	1958	Barsbüttler sv	GER-HAM	00:11:04	171	00:48:41	132	00:59:45	145	00:28:42	163	01:28:28	157
158	333	01:28:53	Hermans	André	1983	SC Zentrum	GER-HAM	00:10:35	166	00:50:35	151	01:01:11	157	00:27:41	152	01:28:53	158
159	386	01:28:56	Wittfoth	Bernd	1961		GER-MVP	00:11:29	181	00:50:31	150	01:02:01	161	00:26:55	138	01:28:56	159
160	204	01:29:02	Niemann	Holger	1960	Ratzeburger SV	GER-SH	00:11:31	182	00:45:06	86	00:56:38	114	00:32:24	180	01:29:02	160
161	352	01:29:04	Niemann	Oliver	1972		GER-SH	00:11:03	170	00:51:07	158	01:02:11	162	00:26:52	137	01:29:04	161
162	255	01:29:30	Krolow	Ralf	1961	FF Schwarzenbek	GER-SH	00:10:19	154	00:50:11	146	01:00:31	152	00:28:59	166	01:29:30	162
163	213	01:29:32	Paul	Marco	1972	FF Schwarzenbek	GER-SH	00:08:43	96	00:50:00	144	00:58:43	137	00:30:48	176	01:29:32	163
164	281	01:30:04	Bleyhl	Stefan	1969		GER-HAM	00:09:36	131	00:53:28	171	01:03:05	168	00:26:58	141	01:30:04	164
165	219	01:30:34	Reinisch	David	1983		GER-HAM	00:11:16	174	00:51:50	160	01:03:07	169	00:27:27	148	01:30:34	165
166	413	01:30:47	Ehlert	Jörg	1966		GER-HAM	00:09:29	127	00:54:01	172	01:03:31	171	00:27:15	145	01:30:47	166
167	353	01:31:04	Dankowski	Gerd	1965		GER-HAM	00:10:01	148	00:50:41	153	01:00:43	154	00:30:21	173	01:31:04	167
168	215	01:31:28	Wiszniewski	Knut	1960		GER-HAM	00:11:20	176	00:52:17	165	01:03:37	172	00:27:50	155	01:31:28	168
169	230	01:32:19	Lübbbers	Claus	1961		GER-HAM	00:11:28	180	00:53:08	169	01:04:36	174	00:27:42	153	01:32:19	169
170	262	01:32:33	Kempelmann	Jan	1990	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeu	GER-SH	00:10:29	164	00:52:05	161	01:02:34	165	00:29:58	172	01:32:33	170
171	264	01:32:33	Lengler	Robert	1975	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeu	GER-SH	00:09:51	143	00:56:15	177	01:06:07	178	00:26:26	133	01:32:33	171
172	345	01:32:51	Schäcke	Mike	1964	Hamm 02	GER-HAM	00:11:11	173	00:50:26	149	01:01:37	160	00:31:13	178	01:32:51	172
173	443	01:33:36	Rieck	Thomas	1967		GER-HAM	00:08:09	63	00:52:14	163	01:00:24	151	00:33:11	181	01:33:36	173
174	247	01:33:36	Bruns	Tim-Norman	1975		GER-NIE	00:09:35	130	00:54:25	173	01:04:01	173	00:29:34	170	01:33:36	174

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175	378	01:34:58	Kroll	Andreas	1957		GER-HAM	00:10:21	156	00:52:42	166	01:03:04	167	00:31:53	179	01:34:58	175
176	259	01:35:14	Boller-Rocholl	Karl-Heinz	1961	C.-F.-v.-Weizsäcker Gymnasium Barmstedt/Rantzeu	GER-SH	00:09:42	135	00:56:25	178	01:06:08	179	00:29:06	167	01:35:14	176
177	201	01:35:23	Hesse	Marcus	1968		GER-HAM	00:12:43	185	00:52:56	168	01:05:39	176	00:29:43	171	01:35:23	177
178	405	01:36:33	Loos	Helmut	1945		GER-SH	00:11:22	178	00:54:38	174	01:06:01	177	00:30:31	175	01:36:33	178
179	358	01:38:44	Baumgard	Jörg	1959	Feuerwehr Aumühle	GER-SH	00:08:43	97	00:54:42	176	01:03:26	170	00:35:18	182	01:38:44	179
180	359	01:39:11	Wehling	Uwe	1956		GER-HAM	00:10:22	157	00:59:55	181	01:10:18	181	00:28:53	165	01:39:11	180
181	458	01:40:03	Eggers	Rainer	1966		GER-SH	00:11:27	179	00:57:44	179	01:09:12	180	00:30:51	177	01:40:03	181
182	321	01:40:43	Weber	Wolfgang	1956	BSG Feuerwehr Hamburg	GER-HAM	00:11:32	183	00:49:20	138	01:00:53	155	00:39:49	184	01:40:43	182
183	360	01:44:41	Jahn	Finn	1988		GER-HAM	00:10:44	167	01:04:35	182	01:15:20	183	00:29:21	169	01:44:41	183
184	457	01:47:52	Behr	Heiko	1979		GER-SH	00:13:17	186	00:59:00	180	01:12:17	182	00:35:34	183	01:47:52	184
185	344	01:49:09	Kurbangulov	Viktor	1952	Universität Hamburg	GER-HAM	00:16:38	187	01:05:26	183	01:22:05	184	00:27:03	142	01:49:09	185
186	407	01:54:31	Brumm	Joerg	1964	VfL Börnsen	GER-SH	00:07:04	21	01:21:23	184	01:28:28	185	00:26:03	123	01:54:31	186

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