



| Platz | Nachname - Vorname | Nation Lizenz | StNr. | Platz AK | Zeit | Schnitt | Swim | Platz | Bike | Platz | Run | Platz | Verein |
|-------|--------------------|---------------------|--------|----------|-------------|---------|-------------|-------|-------------|-------|-------------|-------|--------------------|
| 1 | ZASTROW Nina | | n°1193 | 1 JwBF | 00:38:52.58 | 3'01 | 00:06:58.17 | 4 | 00:19:51.45 | 4 | 00:12:02.96 | 4 | trizebs Barsbüttel |
| 2 | MARTENS Lena | | n°1183 | 2 JwBF | 00:42:38.87 | 3'18 | 00:07:41.72 | 7 | 00:21:26.38 | 8 | 00:13:30.77 | 8 | Tri-Bandits |
| 3 | SCHLATTER Jenny | 15-15057-51033-1997 | n°1186 | 3 JwBF | 00:45:14.38 | 3'30 | 00:07:51.54 | 10 | 00:21:15.37 | 7 | 00:16:07.47 | 11 | VfL Börnsen |



| Platz | Nachname - Vorname | Nation Lizenz | StNr. | Platz AK | Zeit | Schnitt | Swim | Platz | Bike | Platz | Run | Platz | Verein |
|-------|--------------------|---------------|--------|----------|-------------|---------|-------------|-------|-------------|-------|-------------|-------|--------------------|
| 1 | GRZONKA Florian | | n°1181 | 1 JmBM | 00:35:18.19 | 2'44 | 00:06:18.99 | 1 | 00:17:47.26 | 1 | 00:11:11.94 | 1 | trizebs Barsbüttel |
| 2 | URNAUER Lauritz | | n°1190 | 2 JmBM | 00:38:01.49 | 2'57 | 00:07:19.89 | 5 | 00:18:00.14 | 2 | 00:12:41.46 | 6 | Tri-Bandits |
| 3 | PETERSEN Tim | | n°1184 | 3 JmBM | 00:38:31.27 | 2'59 | 00:06:43.25 | 3 | 00:19:53.51 | 5 | 00:11:54.51 | 3 | HNT-Triathlon |
| 4 | BASTIEN Marcel | | n°1180 | 4 JmBM | 00:41:05.52 | 3'11 | 00:06:19.02 | 2 | 00:20:21.23 | 6 | 00:14:25.27 | 9 | keine Angabe |
| 5 | JANZ Bennet | | n°1182 | 5 JmBM | 00:41:19.12 | 3'12 | 00:09:20.80 | 11 | 00:18:45.21 | 3 | 00:13:13.11 | 7 | keine Angabe |
| 6 | STANGENBERG Marco | | n°1187 | 6 JmBM | 00:41:29.87 | 3'13 | 00:07:47.99 | 9 | 00:22:02.01 | 9 | 00:11:39.87 | 2 | SG Stern BSV HH |
| 7 | PIEPER Jost | | n°1185 | 7 JmBM | 00:42:30.95 | 3'18 | 00:07:44.75 | 8 | 00:22:40.95 | 10 | 00:12:05.25 | 5 | keine Angabe |
| 8 | WEIDEMANN Jamal | | n°1191 | 8 JmBM | 00:48:11.13 | 3'44 | 00:07:23.13 | 6 | 00:25:00.63 | 11 | 00:15:47.37 | 10 | keine Angabe |

