



## 11. Vierlandentriathlon

24. Juni 2006



### Ergebnis M / W - Gesamt

Triathlon  
( 1,5 / 40 / 10 )  
Hamburger Meisterschaft

#### Triathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	296	02:00:05	Sienknecht	Nis	1977	TS Harburg	GER-HAM	00:19:31				02:00:05	1
2	531	02:05:54	Heineke	Matthias	1972	AMTV Triathlon Hamburg	GER-HAM	00:17:37	01:07:40	01:25:17	00:40:36	02:05:54	2
3	331	02:05:58	Lehmbeck	Frank	1976	TT HSU Hamburg	GER-HAM	00:19:22	01:05:44	01:25:07	00:40:50	02:05:58	3
4	414	02:06:09	Teuber	Till	1966	BSG Radsportzentrum Hamburg	GER-HAM	00:19:40	01:09:12	01:28:53	00:37:16	02:06:09	4
5	389	02:06:57	Menze	Kolja	1973	Tri Michels Hamburg	GER-HAM	00:21:03	01:05:46	01:26:49	00:40:07	02:06:57	5
6	526	02:08:02	Budinger	Tilo	1972	TS Harburg	GER-HAM	00:19:26	01:06:14	01:25:40	00:42:21	02:08:02	6
7	359	02:09:13	Tychsen	Frederik	1975	Tri Michels Hamburg	GER-HAM	00:18:29	01:08:16	01:26:46	00:42:26	02:09:13	7
8	392	02:10:10	Menk	Christopher-Herms	1985	werk3 Triathlon Hamburg	GER-HAM	00:15:53	01:07:08	01:23:02	00:47:08	02:10:10	8
9	505	02:10:34	Johlitz	Rodger	1968	Tri-Michels Hamburg	GER-HAM	00:20:05	01:10:56	01:31:01	00:39:32	02:10:34	9
10	295	02:11:23	Friebel	Christoph	1969	SV Polizei Hamburg	GER-HAM	00:22:25	01:05:05	01:27:31	00:43:51	02:11:23	10
11	436	02:11:58	Ahrens	Hans-Björn	1979	Team Triathlon Hamburger Hochschulen	GER-HAM	00:25:08	01:06:41	01:31:50	00:40:07	02:11:58	11
12	535	02:12:09	Wagner	Ingo	1970	Tri Michels Hamburg	GER-HAM	00:21:32	01:09:50	01:31:23	00:40:46	02:12:09	12

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
13	388	02:12:40	Schneider	Sebastian	1968	Tri-Michels Hamburg	GER-HAM	00:22:30	01:12:50	01:35:20	00:37:20	02:12:40	13
14	447	02:14:28	Schön	Christian	1964	Tri Michels Hamburg	GER-HAM	00:25:14	01:07:22	01:32:37	00:41:50	02:14:28	14
15	395	02:14:45	Lorenzen	Uwe	1973	Tri Michels Hamburg	GER-HAM	00:24:46	01:07:08	01:31:54	00:42:50	02:14:45	15
16	377	02:14:49	Wolfangel	Florian	1980	Team Triathlon Hamburger Hochschulen	GER-HAM	00:21:56	01:09:03	01:31:00	00:43:49	02:14:49	16
17	508	02:14:53	Hundertmark	Michael	1971	Triathlon Team HSU UNI BW	GER-HAM	00:19:56	01:07:45	01:27:42	00:47:11	02:14:53	17
18	400	02:16:42	Rasenack	Robert	1973	TS Harburg	GER-HAM	00:22:37				02:16:42	18
19	339	02:17:26	Rapp	Wolfram	1956	Tri Michels Hamburg	GER-HAM	00:22:38	01:12:45	01:35:24	00:42:02	02:17:26	19
20	520	02:17:32	Pille	Bernd	1963	TS Harburg	GER-HAM	00:24:02	01:10:46	01:34:48	00:42:43	02:17:32	20
21	366	02:17:55	Borsutzky	Georg	1970	Tri-Michels Hamburg	GER-HAM	00:21:54	01:14:04	01:35:58	00:41:56	02:17:55	21
22	496	02:18:12	Ihns	Thomas	1962	Tri Michels Hamburg	GER-HAM	00:22:39	01:10:45	01:33:25	00:44:47	02:18:12	22
23	536	02:19:30	Heins	Christian	1961	BSG Radsport Zentrum Hamburg	GER-HAM	00:24:56	01:09:37	01:34:33	00:44:57	02:19:30	23
24	486	02:19:31	Lingelbach-Hasch	Rainer	1960	Speedteam - Elbe	GER-HAM	00:25:16	01:08:16	01:33:32	00:45:58	02:19:31	24
25	455	02:20:06	Lierow	Wolfgang	1970	TT HSU Hamburg	GER-HAM	00:24:45	01:10:37	01:35:23	00:44:43	02:20:06	25
26	405	02:20:29	Konrad	Thomas	1967	Tri Michels Hamburg	GER-HAM	00:19:42	01:15:00	01:34:42	00:45:46	02:20:29	26
27	473	02:21:13	Fritsches	Roman	1980	TT HH Hochschulen	GER-HAM	00:23:07	01:10:32	01:33:40	00:47:33	02:21:13	27
28	317	02:21:44	Benke	Ralf	1969	TS Harburg	GER-HAM	00:21:51	01:10:24	01:32:16	00:49:28	02:21:44	28
29	452	02:21:59	Guderjahn	Ole	1977	Tri Michels Hamburg	GER-HAM	00:20:02	01:12:15	01:32:17	00:49:41	02:21:59	29
30	357	02:22:37	Mueller	Ekkehard	1976	HT 16 Hamburg	GER-HAM	00:23:01	01:09:04	01:32:05	00:50:31	02:22:37	30

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Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
31	485	02:22:59	Waßmer	Marcel	1977	TT HSU Hamburg	GER-HAM	00:22:41	01:13:10	01:35:51	00:47:07	02:22:59	31
32	387	02:23:47	Benz	Markus	1969	Tri-Michels Hamburg	GER-HAM	00:22:16	01:12:58	01:35:15	00:48:31	02:23:47	32
33	311	02:26:09	Fennert	Michael	1962	TUS Holstein Quickborn	GER-HAM	00:26:08	01:14:17	01:40:26	00:45:43	02:26:09	33
34	424	02:26:35	Rohweder	Frank	1971	TS Harburg	GER-HAM	00:28:11	01:12:06	01:40:17	00:46:18	02:26:35	34
35	307	02:28:23	Croissier	René	1950	TUS Holstein Quickborn	GER-HAM	00:25:49	01:15:23	01:41:12	00:47:11	02:28:23	35
36	435	02:28:57	Hencke	Folkhard	1966	HT 16 Hamburg	GER-HAM	00:24:21	01:17:11	01:41:33	00:47:23	02:28:57	36
37	525	02:29:51	Hillecke	Kai	1969	Tri Michels Hamburg	GER-HAM	00:29:18	01:10:41	01:40:00	00:49:51	02:29:51	37
38	537	02:29:53	Dahnke	Martin	1978	TT HH Hochschulen	GER-HAM	00:22:39	01:17:16	01:39:56	00:49:57	02:29:53	38
39	336	02:30:08	Naleppa	Pascal	1977	werk3 Triathlon Hamburg	GER-HAM	00:24:23	01:13:49	01:38:13	00:51:55	02:30:08	39
40	385	02:30:31	Pfaffe	Andreas	1962	Tri Michels Hamburg	GER-HAM	00:28:09	01:15:01	01:43:10	00:47:20	02:30:31	40
41	498	02:30:38	Lenz	Felix	1987	werk3 Triathlon Hamburg	GER-HAM	00:19:20	01:18:43	01:38:04	00:52:33	02:30:38	41
42	345	02:30:58	Corleis	Jörn	1974	HT 16	GER-HAM	00:25:58	01:12:31	01:38:29	00:52:29	02:30:58	42
43	308	02:32:48	Steinkühler	Thomas	1957	TUS Holstein Quickborn	GER-HAM	00:24:19	01:17:25	01:41:44	00:51:03	02:32:48	43
44	367	02:33:25	Wolthausen	Thorsten	1971	TS Harburg	GER-HAM	00:25:48	01:17:53	01:43:41	00:49:43	02:33:25	44
45	495	02:33:44	Jörgensen	Torsten	1980	HT16	GER-HAM	00:21:57	01:16:26	01:38:24	00:55:20	02:33:44	45
46	459	02:34:28	Ebert	Andreas	1963	Tri-Michels Hamburg	GER-HAM	00:30:04	01:16:13	01:46:17	00:48:10	02:34:28	46
47	355	02:37:44	Guevara Kluxen	Andrés Leonardo	1964	HT16	VEN	00:25:11	01:19:41	01:44:52	00:52:51	02:37:44	47
48	542	02:38:11	Dohrn	Frank	1958	AMTV Hamburg	GER-HAM	00:29:15	01:16:51	01:46:06	00:52:05	02:38:11	48
49	442	02:39:44	Vom Hofe	Björn	1979	Tri Michels Hamburg	GER-HAM	00:27:36	01:17:03	01:44:40	00:55:04	02:39:44	49

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50	506	02:40:52	Kraft	Jonny	1982	TT HSU Hamburg	GER-HAM	00:24:21	01:22:38	01:46:59	00:53:52	02:40:52	50
51	458	02:47:31	Balzer	Marcel	1972	RV Endspurt-Hamburg	GER-HAM	00:29:56	01:18:47	01:48:43	00:58:47	02:47:31	51
52	322	02:47:54	Willeke	Bernd	1955	Speedteam - Elbe	GER-HAM	00:31:50	01:20:14	01:52:05	00:55:49	02:47:54	52
53	432	02:47:55	Schwarz	Holger	1959	SV Polizei Hamburg	GER-HAM	00:23:46	01:27:13	01:50:59	00:56:56	02:47:55	53
54	409	02:49:19	Hellwig	Sammy	1938	Tri Michels Hamburg	GER-HAM	00:25:35	01:15:08	01:40:44	01:08:34	02:49:19	54

### Triathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	348	02:14:13	Krumreich	Antje	1977	BSG Radsportzentrum Hamburg	GER-HAM	00:19:35	01:13:02	01:32:38	00:41:35	02:14:13	1
2	449	02:15:14	Siebke	Dörte	1967	TT HSU Hamburg	GER-HAM	00:22:32	01:10:43	01:33:16	00:41:57	02:15:14	2
3	516	02:18:05	Dierkes	Manuela	1978	Tri-Michels Hamburg	GER-HAM	00:19:43	01:13:01	01:32:44	00:45:21	02:18:05	3
4	544	02:20:53	Berndt	Sarah	1984	TS Harburg	GER-HAM	00:22:42	01:10:12	01:32:54	00:47:58	02:20:53	4
5	444	02:21:41	Hentschke	Gabriele	1969	Polizei Hamburg	GER-HAM	00:22:29	01:11:13	01:33:42	00:47:58	02:21:41	5
6	507	02:27:32	Goldberg	Monika	1973	Team Triathlon Hamburger Hochschulen	GER-HAM	00:25:32	01:12:58	01:38:30	00:49:02	02:27:32	6
7	383	02:29:10	Simon	Daniela	1974	TT HH Hochschulen	GER-HAM	00:22:35	01:15:52	01:38:27	00:50:42	02:29:10	7
8	310	02:34:09	Engelbrecht-Hoch	Martina	1964	TUS Holstein Quickborn	GER-HAM	00:25:43	01:18:05	01:43:49	00:50:19	02:34:09	8
9	325	02:34:56	Riekmann	Wibke	1973	Team Triathlon Hamburger Hochschulen	GER-HAM	00:24:28	01:18:31	01:42:59	00:51:57	02:34:56	9

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### Triathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Rad	Sch+Rad	Lauf	Ziel	Pos
10	408	02:51:01	Bremer	Tracy	1951	Tri Michels Hamburg	GER-HAM	00:28:38	01:23:06	01:51:45	00:59:16	02:51:01	10
11	316	02:56:41	Benke	Christine	1966	TS Harburg	GER-HAM	00:32:46	01:20:58	01:53:45	01:02:56	02:56:41	11

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