



10. Vierlandentriathlon

25. Juni 2005



Ergebnis M / W - Gesamt

Triathlon
(1,5 / 40 / 10)
Hamburger Meisterschaft

Triathlon TM

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos |
|-----|------|----------|-------------|-------------------|------|------------------------|---------|----------|----------|----------|----------|----------|-----|
| 1 | 289 | 02:07:36 | Heineke | Matthias | 1972 | AMTV Triathlon Hamburg | GER-HAM | 00:18:42 | 01:09:47 | 01:28:29 | 00:39:07 | 02:07:36 | 1 |
| 2 | 288 | 02:08:35 | Menk | Christopher-Herms | 1985 | werk3 | GER-HAM | 00:16:45 | 01:09:00 | 01:25:46 | 00:42:49 | 02:08:35 | 2 |
| 3 | 61 | 02:10:09 | Tychsen | Frederik | 1975 | Tri Michels Hamburg | GER-HAM | 00:20:08 | 01:10:38 | 01:30:46 | 00:39:22 | 02:10:09 | 3 |
| 4 | 60 | 02:11:58 | Gunderjahn | Ole | 1975 | Tri Michels Hamburg | GER-HAM | 00:20:39 | 01:10:32 | 01:31:11 | 00:40:47 | 02:11:58 | 4 |
| 5 | 169 | 02:16:33 | Benz | Markus | 1969 | Tri-Michels Hamburg | GER-HAM | 00:22:14 | 01:13:31 | 01:35:45 | 00:40:47 | 02:16:33 | 5 |
| 6 | 64 | 02:18:38 | Houtrouw | Enno | 1980 | Tri Michels Hamburg | GER-HAM | 00:20:29 | 01:16:27 | 01:36:56 | 00:41:41 | 02:18:38 | 6 |
| 7 | 277 | 02:19:01 | Pille | Bernd | 1963 | TS Harburg | GER-HAM | 00:25:16 | 01:14:27 | 01:39:44 | 00:39:17 | 02:19:01 | 7 |
| 8 | 92 | 02:19:14 | Freudenberg | Nils | 1977 | AWV 09 Hamburg | GER-HAM | 00:21:45 | 01:15:12 | 01:36:58 | 00:42:16 | 02:19:14 | 8 |
| 9 | 258 | 02:20:14 | lhns | Thomas | 1962 | Tri Michels Hamburg | GER-HAM | 00:23:42 | 01:14:45 | 01:38:27 | 00:41:46 | 02:20:14 | 9 |
| 10 | 170 | 02:21:34 | Schneider | Sebastian | 1968 | Tri-Michels Hamburg | GER-HAM | 00:24:08 | 01:18:33 | 01:42:41 | 00:38:52 | 02:21:34 | 10 |
| 11 | 187 | 02:22:23 | Konrad | Thomas | 1967 | Tri Michels Hamburg | GER-HAM | 00:21:34 | 01:17:12 | 01:38:46 | 00:43:36 | 02:22:23 | 11 |
| 12 | 130 | 02:22:30 | Rapp | Wolfram | 1956 | Tri Michels Hamburg | GER-HAM | 00:23:04 | 01:18:34 | 01:41:38 | 00:40:51 | 02:22:30 | 12 |

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Ergebnis M / W - Gesamt

Triathlon (1,5 / 40 / 10) Hamburger Meisterschaft

Triathlon TM

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos |
|-----|------|----------|-----------------------|------------------|------|------------------------|---------|----------|----------|----------|----------|----------|-----|
| 13 | 266 | 02:22:58 | Meyer | Jan | 1976 | TT Uni Bw Hamburg | GER-HAM | | | 01:38:47 | 00:44:11 | 02:22:58 | 13 |
| 14 | 234 | 02:24:21 | Lierow | Wolfgang | 1970 | TT Uni Bw Hamburg | GER-HAM | 00:26:06 | 01:16:29 | 01:42:35 | 00:41:45 | 02:24:21 | 14 |
| 15 | 122 | 02:24:24 | Thom | Marcus | 1969 | TS Harburg | GER-HAM | 00:26:13 | 01:15:24 | 01:41:38 | 00:42:46 | 02:24:24 | 15 |
| 16 | 225 | 02:24:59 | Schön | Christian | 1964 | Tri Michels Hamburg | GER-HAM | 00:25:15 | 01:14:49 | 01:40:04 | 00:44:54 | 02:24:59 | 16 |
| 17 | 137 | 02:25:19 | Hojabri | Dr. Kurosch | 1963 | MSV Hamburg Ärzte | GER-HAM | 00:23:00 | 01:18:28 | 01:41:28 | 00:43:50 | 02:25:19 | 17 |
| 18 | 252 | 02:27:32 | Lingelbach-Hasch | Rainer | 1960 | Speedteam - Elbe | GER-HAM | 00:28:17 | 01:16:20 | 01:44:38 | 00:42:54 | 02:27:32 | 18 |
| 19 | 185 | 02:28:18 | Ewert | Christian | 1966 | Tri Michels Hamburg | GER-HAM | 00:26:29 | 01:14:44 | 01:41:13 | 00:47:05 | 02:28:18 | 19 |
| 20 | 97 | 02:28:42 | Steinkühler | Thomas | 1957 | TUS Holstein Quickborn | GER-HAM | 00:25:20 | 01:18:18 | 01:43:38 | 00:45:03 | 02:28:42 | 20 |
| 21 | 267 | 02:29:36 | Biemann | Matthias | 1971 | Tri Michels Hamburg | GER-HAM | 00:32:24 | 01:15:07 | 01:47:31 | 00:42:04 | 02:29:36 | 21 |
| 22 | 207 | 02:30:31 | Trommer | Bernd | 1972 | TSG Bergedorf | GER-HAM | 00:31:04 | 01:18:25 | 01:49:29 | 00:41:02 | 02:30:31 | 22 |
| 23 | 98 | 02:30:43 | Fennert | Michael | 1962 | TUS Holstein Quickborn | GER-HAM | 00:28:33 | 01:20:01 | 01:48:35 | 00:42:08 | 02:30:43 | 23 |
| 24 | 257 | 02:32:20 | Hillecke | Kai | 1969 | Tri Michels Hamburg | GER-HAM | 00:29:07 | 01:15:34 | 01:44:42 | 00:47:37 | 02:32:20 | 24 |
| 25 | 144 | 02:32:32 | Peppel | Andreas | 1978 | werk3 | GER-HAM | 00:23:03 | 01:16:59 | 01:40:02 | 00:52:30 | 02:32:32 | 25 |
| 26 | 102 | 02:34:38 | Croissier | René | 1950 | TUS Holstein Quickborn | GER-HAM | 00:28:05 | 01:22:28 | 01:50:33 | 00:44:04 | 02:34:38 | 26 |
| 27 | 161 | 02:35:50 | Cervantes-Baumgartner | Manuel | 1973 | Tri Michels Hamburg | ESP | 00:28:29 | 01:20:46 | 01:49:16 | 00:46:34 | 02:35:50 | 27 |
| 28 | 134 | 02:36:16 | Groß | Dominique-Pascal | 1975 | TT Uni Bw Hamburg | GER-HAM | 00:26:09 | 01:20:57 | 01:47:07 | 00:49:09 | 02:36:16 | 28 |
| 29 | 191 | 02:38:05 | Clorius | Thorsten | 1960 | Tri Michels Hamburg | GER-HAM | 00:28:12 | 01:18:17 | 01:46:30 | 00:51:34 | 02:38:05 | 29 |
| 30 | 245 | 02:39:20 | Prätsch | Dr. Ulrich | 1947 | TSG Bergedorf | GER-HAM | 00:38:21 | 01:15:33 | 01:53:54 | 00:45:25 | 02:39:20 | 30 |
| 31 | 117 | 02:41:45 | Grussel | Volker | 1971 | Tri Michels Hamburg | GER-HAM | 00:30:19 | 01:25:11 | 01:55:30 | 00:46:14 | 02:41:45 | 31 |

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Ergebnis M / W - Gesamt

Triathlon (1,5 / 40 / 10) Hamburger Meisterschaft

Triathlon TM

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos |
|-----|------|----------|----------|----------|------|------------------------|---------|----------|----------|----------|----------|----------|-----|
| 32 | 164 | 02:43:00 | Maletzki | Wolfgang | 1954 | AMTV Triathlon Hamburg | GER-HAM | 00:28:01 | 01:24:07 | 01:52:09 | 00:50:50 | 02:43:00 | 32 |
| 33 | 236 | 02:48:57 | Ebert | Andreas | 1963 | Tri-Michels Hamburg | GER-HAM | 00:33:21 | 01:24:43 | 01:58:04 | 00:50:53 | 02:48:57 | 33 |
| 34 | 290 | 02:53:41 | Dohrn | Frank | 1958 | AMTV Hamburg | GER-HAM | 00:31:59 | 01:31:35 | 02:03:34 | 00:50:06 | 02:53:41 | 34 |
| 35 | 101 | 02:54:25 | Bumann | Rolf | 1943 | TUS Holstein Quickborn | GER-HAM | 00:34:38 | 01:25:58 | 02:00:36 | 00:53:48 | 02:54:25 | 35 |
| 36 | 107 | 02:54:40 | Gayko | Olaf | 1970 | Harburger TB | GER-HAM | 00:32:05 | 01:24:22 | 01:56:28 | 00:58:12 | 02:54:40 | 36 |

Triathlon TW

| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos |
|-----|------|----------|------------------|----------|------|--|---------|----------|----------|----------|----------|----------|-----|
| 1 | 139 | 02:18:28 | Krumreich | Antje | 1977 | Laufwerk-Hamburg e.V. | GER-HAM | 00:19:59 | 01:17:21 | 01:37:20 | 00:41:07 | 02:18:28 | 1 |
| 2 | 145 | 02:21:59 | Berndt | Sarah | 1984 | TS Harburg | GER-HAM | 00:22:52 | 01:16:03 | 01:38:55 | 00:43:03 | 02:21:59 | 2 |
| 3 | 286 | 02:34:50 | Hölzer | Silke | 1973 | Tri-Michels Hamburg | GER-HAM | 00:24:27 | 01:20:43 | 01:45:11 | 00:49:38 | 02:34:50 | 3 |
| 4 | 279 | 02:36:31 | Henke | Birte | 1970 | TS Harburg | GER-HAM | 00:28:27 | 01:18:27 | 01:46:54 | 00:49:36 | 02:36:31 | 4 |
| 5 | 263 | 02:38:07 | Goldberg | Monika | 1973 | AMTV Triathlon Hamburg | GER-HAM | 00:29:30 | 01:19:55 | 01:49:25 | 00:48:41 | 02:38:07 | 5 |
| 6 | 93 | 02:38:32 | Schreiber | Kathrin | 1980 | TT Uni Bw Hamburg | GER-HAM | 00:26:38 | 01:22:23 | 01:49:02 | 00:49:30 | 02:38:32 | 6 |
| 7 | 120 | 02:41:00 | Riekmann | Wibke | 1973 | Wettkampfgemeinschaft Hamburger Hochschulen | GER-HAM | 00:25:01 | 01:23:46 | 01:48:48 | 00:52:12 | 02:41:00 | 7 |
| 8 | 99 | 02:42:49 | Engelbrecht-Hoch | Martina | 1964 | TUS Holstein Quickborn | GER-HAM | 00:28:02 | 01:25:51 | 01:53:54 | 00:48:55 | 02:42:49 | 8 |
| 9 | 125 | 02:49:15 | Marten | Birgit | 1976 | Tri Michels Hamburg | GER-HAM | 00:25:35 | 01:37:22 | 02:02:58 | 00:46:16 | 02:49:15 | 9 |
| 10 | 128 | 02:51:04 | Flindt | Cornelia | 1970 | TS Harburg | GER-HAM | 00:26:55 | 01:27:13 | 01:54:08 | 00:56:56 | 02:51:04 | 10 |

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| Pos | StNr | Gesamt | Name | Vorname | Jg. | Verein | Nat. | Schw. | Rad | Sch+Rad | Lauf | Ziel | Pos |
|-----|------|----------|---------------|-----------|------|------------------------|---------|----------|----------|----------|----------|----------|-----|
| 11 | 103 | 03:22:10 | Baudach-Jäger | Friederun | 1956 | TUS Holstein Quickborn | GER-HAM | 00:34:45 | 01:49:33 | 02:24:19 | 00:57:50 | 03:22:10 | 11 |
| 12 | 280 | 03:22:30 | Lee | Jane C. | 1973 | Tri Michels Hamburg | GER-HAM | 00:29:16 | 01:42:37 | 02:11:53 | 01:10:36 | 03:22:30 | 12 |

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